

Bullet journaling - getting started

- Heard about bullet journals — a system that combines your diary, planner, 'to do' list with a twist of creative flair?
- Like pen to paper 'to do' lists, stationery, planning, setting goals and beautiful pens?
- Love the idea of getting organised, decluttering your mind, but not sure how to get started?

...then this is the workshop for you...Bullet journaling is a fun and joyous way to create your own personalised diary/planner. Make it as simple or as sophisticated as you want; combining everyday tasks, your 'to do' list, and longer term planning with goals and things that make you happy. It can also be incredibly creative and mindful if you choose.

This workshop will give you a real insight into how this method works. By learning these new skills you can take your journal forward in a way that is totally personal to you.

Sarah is an expert at sketchbooks and scrapbooks, and loves bullet journaling.

Programme outline:

Getting started

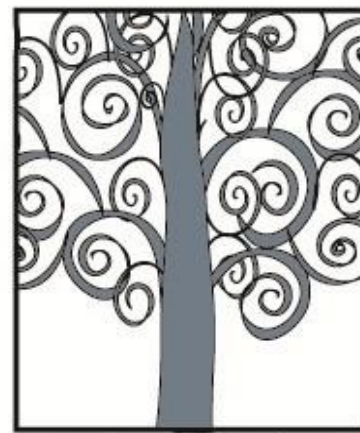
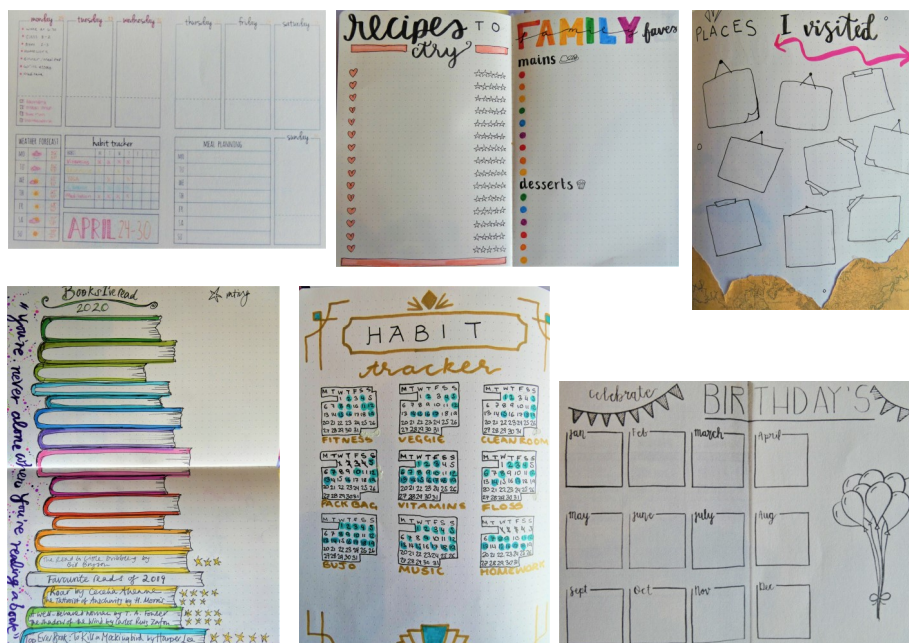
Planning your own personal journal

Setting up your grids, trackers and pages

How to personalize your journal, and keep it going

Review and plan for the next stage

The workshop covers a mix of structured learning, individual feedback, group inspiration and time to make bring your ideas to life.



The Gingerbread Tree

Course dates

Friday 16th October

9:30am - 12pm

Course fees

£45

(group discounts available)

Maximum group size

5 adults

Materials

You provide:

A bullet journal (preferably with a dot grid)

Sarah provides:

All other art equipment, tea, coffee, biscuits, banter and inspiration!

Venue

The Gingerbread Tree Studio

53 Greenways
Haywards Heath
West Sussex
RH16 2DT

If you need to travel by car, some parking is available on the drive.

Contact Sarah to book now

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